



# WELCOME

LSS/SWC Safe Harbor Training 6/15/16



Lutheran Social Service of Minnesota  
*for changing lives*



Minnesota Department of **Human Services**

# De-escalation Best Practices

Presented by James Scott, LSS/SWC and  
Katharine Adams, Salvation Army/Booth Brown

# Learning Objectives

- ▶ Attendees will understand how to identify a crisis.
- ▶ Attendees will understand their role and responsibility in a crisis.
- ▶ Attendees will understand the importance of the work done prior to and after a crisis.

# Prevention

- ▶ Define Crisis
- “A difficult or dangerous situation that needs serious attention.”

Merriam-Webster

- “A crisis is a situation in which something or someone is affected by one or more very serious problems”

The Collins Dictionary

# Prevention

- ▶ Define Crisis
- ▶ Define Baseline
- ▶ Geography of Crisis

# Intervention

- ▶ Fight or Flight
- ▶ Trauma Informed Care
- ▶ “A strengths-based framework that is grounded in an understanding of and responsiveness to the impact of trauma, that emphasizes physical, psychological, and emotional safety for both providers and survivors, and that creates opportunities for survivors to rebuild a sense of control and empowerment.”
- ▶ Consensus-based definition from Shelter for the Storm: Trauma Informed Care in Homelessness Services Settings. 2010)

# Intervention

- ▶ Fight or Flight
- ▶ Trauma Informed Care
- ▶ Options and Motivations
- ▶ “What happens next?”

# Postvention

- ▶ “When is the Crisis Over?”
- ▶ Harm Reduction
- ▶ An incremental approach that is facilitative rather than coercive and is grounded in the needs of the individual; • an approach that requires practitioners to accept youth as they are and avoid being judgmental; • an approach that requires open, honest dialogue between all stake holders; • an approach that recognizes the value of all persons regardless of what behaviors they exhibit; and, • an approach that acknowledges ANY positive change an individual makes.



# Postvention

- ▶ “When is the Crisis Over?”
- ▶ Harm Reduction
- ▶ Having “the Talk”
- ▶ Debrief

# Conclusion

Q & A

# Next Steps

Take the survey.  
Do it.

# Thank you

- ▶ Future trainings.
- ▶ Safe Harbor.
- ▶ Collaboration



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# JOIN US FOR OUR NEXT TRAINING:

SWC Safe Harbor Training Save-the-Date

August 17, 2016

11:30-1:00 LSS State Center



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