# LSS/StreetWorks Safe Harbor Training 11/15/2016

**Topic:** Positive Professional Boundaries

**Summary:** This training will teach boundaries with the intention of using those boundaries to create healthy professional relationships between workers, their clients and their partners.

#### **Critical Points:**

- 1. While boundaries look different depending on the person, role and individual situation, professionals need to share a common rationale and purpose for their boundaries.
- 2. In order to effectively execute healthy boundaries, professionals need to be able to articulate and model the boundaries themselves and the rationale behind them to their clients and co-workers.
- 3. When applied to relationships in a positive way, boundaries can be used to define a healthy, professional relationship rather than define the limits of what a professional can and cannot do.

**Presenter:** James Scott, Senior Program Manager, Streetworks



James Scott is the Senior Program Manager for StreetWorks, a collaborative of youth serving agencies in the seven county metro area and a program of Lutheran Social Services. Before joining StreetWorks, James Scott worked for HCMC's Inpatient Psychology Department and managed the shelter, transitional living and outreach program for Hope Street in South Minneapolis. During his time with Hope Street, James Scott worked as a street outreach case manager. Before his career working with youth experiencing homelessness, James Scott worked for Sesame Street Live and was widely regarded as "a very good Cookie Monster." James Scott received a

B.A. in History from the University of Minnesota Twin Cities.

# **Learning Objectives:**

- 1. Participants will recognize that boundaries are not a list of "do-not do's" but guideline for healthy professional relationships that keep the client and the worker safe.
- 2. Participants will recognize the complexities and challenges inherit in applying positive boundaries in their daily work.
- 3. Participants will recognize that boundaries require a team effort, involving the client, a worker's coworkers and positive oversight.

## Be sure to save the date for the next StreetWorks Safe Harbor Trainings!

12/21—LSS State Center – Motivational Interviewing 2017 dates and location TBA

### Thank you on behalf of LSS and the Streetworks Collaborative

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