



Lutheran
Social Service
of Minnesota



Introduction to the Importance of Trauma-informed Care

StreetWorks Certification Overview & Workshop

Introduction

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- 3 years, Manager, StreetWorks
- 1.5 years, MHW, HCMC Inpatient Psych
- 7 years, Hope Street



The Trauma-informed Label

Trauma Informed Care is a treatment framework that involves understanding, recognizing and responding to the effects of all types of trauma.



The Trauma-informed Label

Why aren't we doing it better?



Safe Harbor, StreetWorks and Training

Create Trainings
for Outreach Workers
that Incorporate
Safe Harbor Principals



9:29 AM Wed Feb streetworksmn.org

agencies. Please check back regarding updates and training resources, including the new LSS/StreetWorks curriculum which will be completed in 2017.

Safe Harbor/No Wrong Door Overview Training - 1

Posted on October 1, 2016 | by Webmaster |

Summary: In 2011, Minnesota became the fifth state in the nation to pass Safe Harbor legislation decriminalizing prostitution charges for youth under the age of 18. Through a statewide multidisciplinary collaborative process, Minnesota developed one of the most comprehensive models ...

[Read more >](#)

Sexual Exploitation & Outreach To Youth Training - 2

Posted on September 22, 2016 | by Webmaster |

Summary: Sexual Exploitation & Outreach to Youth — identifying and understanding the various forms of exploitation, common recruitment methods, warning signs/indicators - with a specific focus on safely working with youth to identify and address needs.

De-Escalation Best Practices Training - 3

Posted on October 27, 2016 | by Webmaster |

Summary: Environmental and situational factors play as important a role in a crisis as the actions of the participants, and the proper response to a crisis must reflect both the actions of the person in crisis and those other factors.

Reaching Out To Wounded Youth With A Trauma-Informed Approach Training - 4

Posted on October 27, 2016 | by Webmaster |

- StreetWorks Crash Course Training Videos

Subscribe to the StreetWorks Listserv

Subscribe to the StreetWorks listserv for important news, collaborative updates, and training notifications.

Email*

First Name

Last Name

Title

Agency

List Interests

- StreetWorks News & Updates
- Safe Harbor Trainings

What are we teaching?

Introduction to the Community and Population

Cultural Responsiveness

Partners

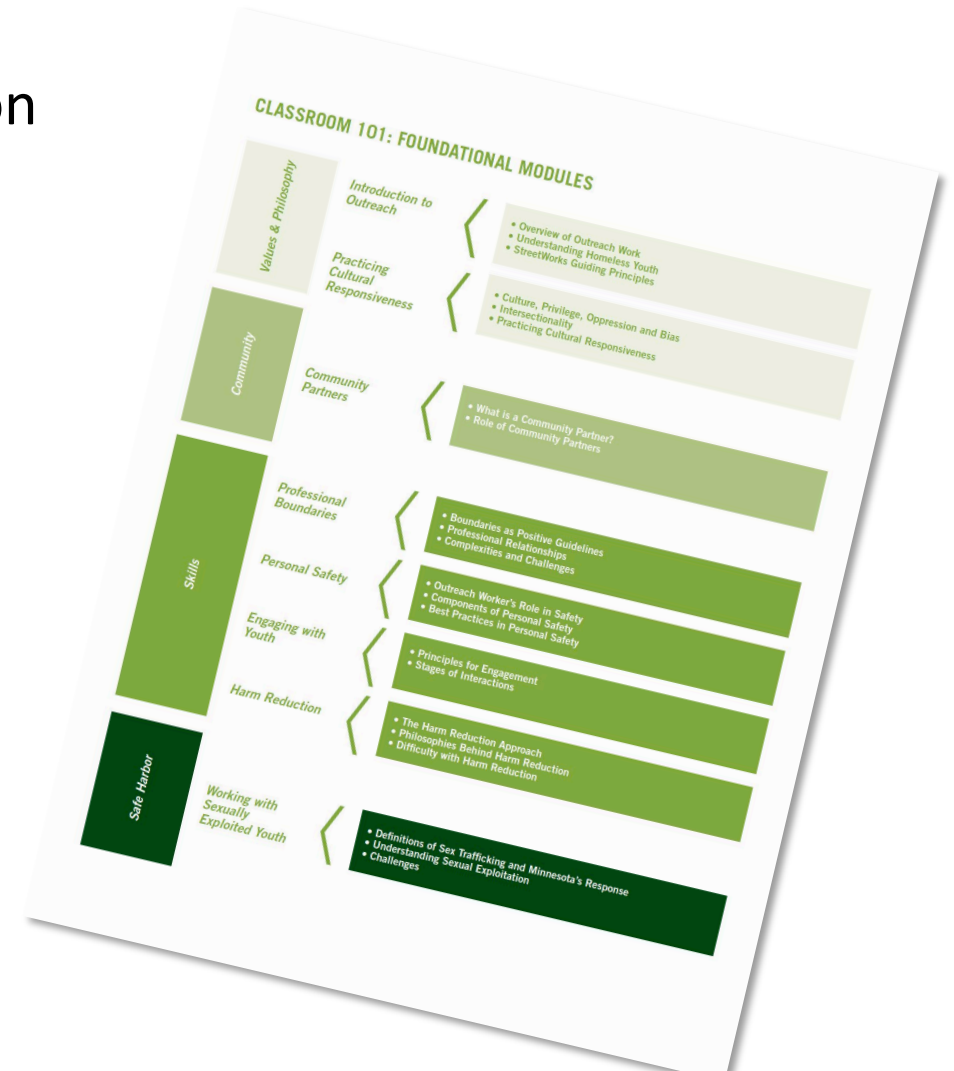
Boundaries

Safety

Engagement

Harm Reduction

Sexual Exploitation



Process

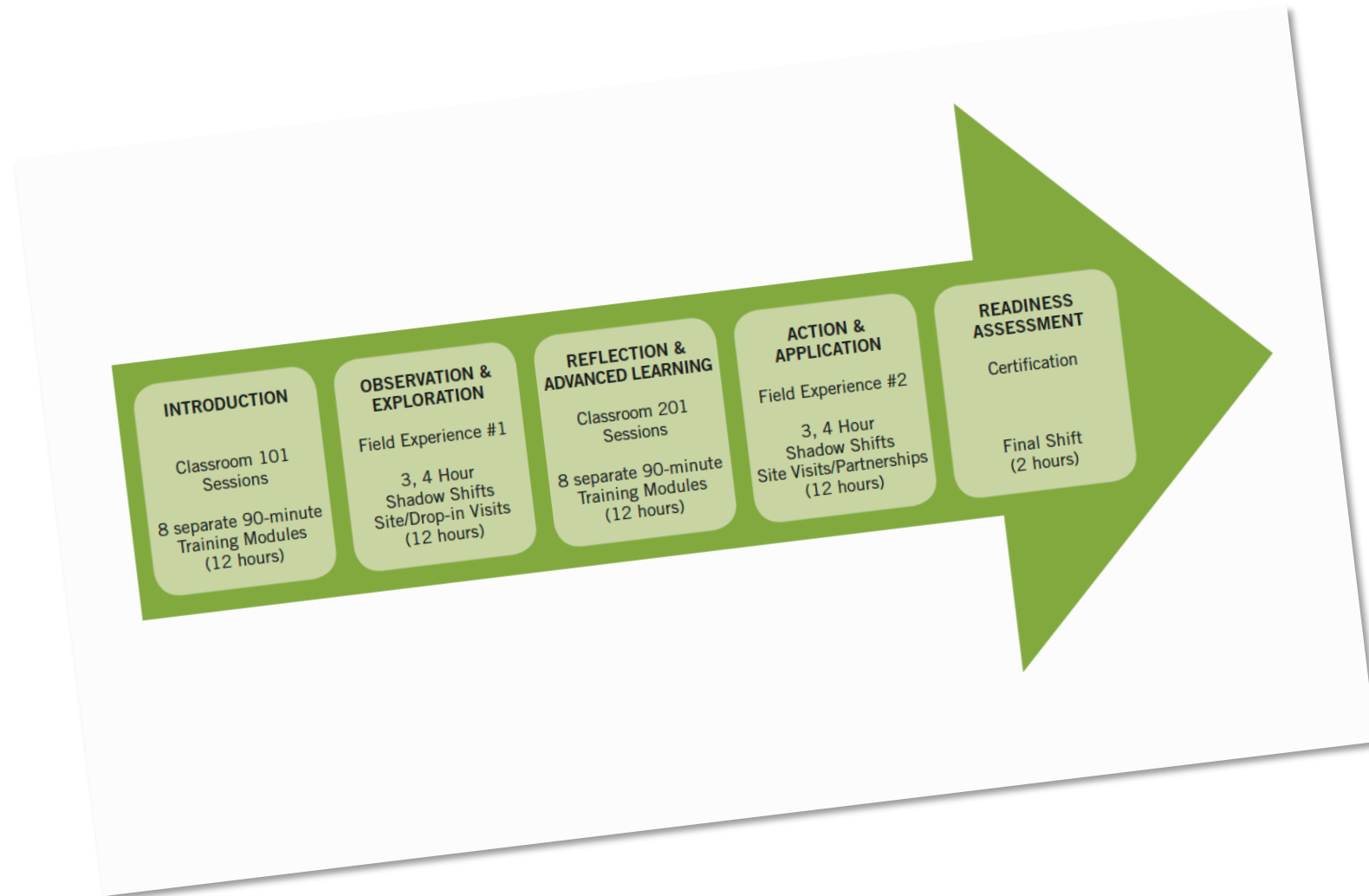
Classroom 101

Fieldwork 101

Classroom 201

Fieldwork 201

Readiness Assessment



Trauma-informed Care: the Population

Start with a basic understanding of the overall population with whom we are working.



Trauma-informed Care: the Population

Intersection Between Homelessness and Exploitation



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Trauma-informed Care: the Population

Intersection Between Exploitation and Trauma



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Trauma-informed Care: Cultural Responsiveness

Understanding of Identity

Gender,

LGBTQI

Race

Culture

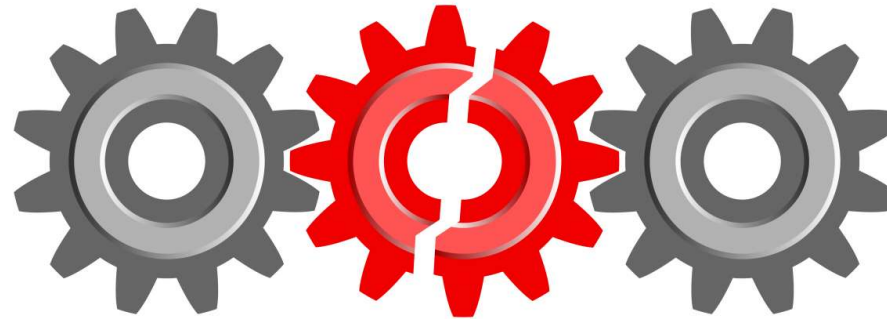
Economic Status



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Trauma-informed Care: Cultural Responsiveness

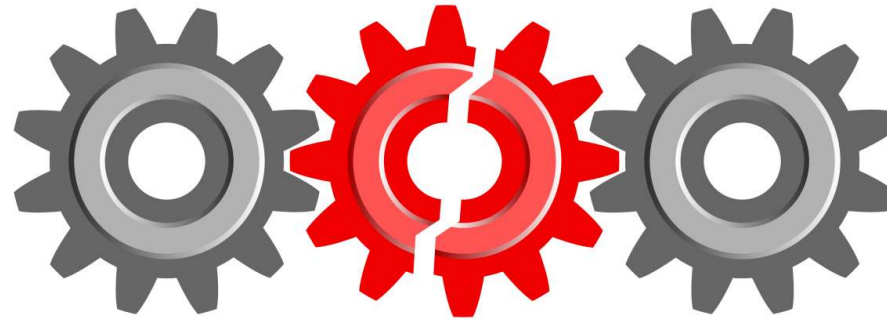
Understanding of Oppressive Systems



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Trauma-informed Care: Partners

Understanding of Broken Systems



Trauma-informed Care: Partners

Understanding of Broken Systems

- Navigation
- Advocacy
- Collaboration
- System Change



Trauma-informed Care: Boundaries

Safe, positive, professional relationships.



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Trauma-informed Care: Boundaries

Safe, positive, professional relationships.

Understand their Role

Non-Judgmental

Client-Centered

Safe



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Trauma-informed Care: Safety

Rule #1. Keep yourself safe.



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Trauma-informed Care: Safety

Rule #1. Keep yourself safe.

The amount of Trauma-informed Care you can provide is directly related to how safe you can keep yourself.



Trauma-informed Care: Safety

Understanding how trauma and triggers work.



Trauma-informed Care: Stages of Change

Precontemplation

Contemplation

Preparation

Action

Maintenance

Relapse



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Trauma-informed Care: Harm Reduction

Client-Centered Response



Time For Fieldwork

Homework

Shadow Shifts

Site Visits

Field Summary



QUESTIONS



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