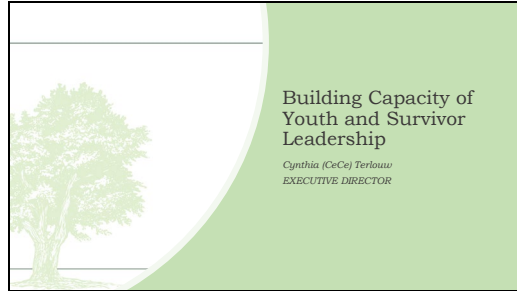


Slide 1



Building Capacity of
Youth and Survivor
Leadership

Cynthia (CeCe) Terlouw
EXECUTIVE DIRECTOR

Slide 2



Introductions

Cynthia (CeCe) Terlouw,
Founder & Executive Director

Eleana Lukes,
Survivor Advocate, Employment/Education
Program Coordinator



Slide 3



About Us

Terebinth Refuge is a Christ-centered, non-profit shelter and transitional home that brings hope and provides strength based, trauma-informed and holistic services for sex trafficked and sexually exploited women, transitioning them from bondage to a life of health, stability and independence.




Slide 4

Holistic Approach

Healing the whole person

- Body: Physical health
- Mind: Mental health, emotional health
- Soul: Unique personality, talents, gifts
- Spirit: Innate need for God



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A Place Of Hope and Healing

Slide 5

Our Services

- Emergency Shelter and Transitional Housing Program for women 18 and older
- Trauma-informed, Strength-based, Victim-centered, and Survivor-informed Programming
- Mental Health and Chemical Dependency Services
- Equine Therapy
- Individualized Case Management
- Legal Advocacy Referrals
- Independent Living Skills
- Education and Employment Services
- Wellness Programming
- An On-site Registered Nurse
- Medical referrals
- Psychological referrals
- Support Groups
- Survivor Staff
- Spiritual guidance (if desired)




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Slide 6

Five areas of consideration in building survivor leadership:

- Leadership
- Consultation
- Compensation
- Safety and Wellbeing
- System change is a process




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Slide 7

Leadership


- New programming, curriculum, groups (designing):
 - Employment Readiness Program
- Encourage education and growth
 - Eleana schooling & support (LACD License will benefit our program)
- Moves survivor into management level positions, which promotes security and confidence
- Not just about telling "my story"
- Choosing how they are identified: Survivor Advocate? Advocate?



Slide 8

Consultation

- Women we serve (youth & adults)
 - Asking for perspectives (they are the experts of their own stories)
- Teaching and guiding to have their own voice (clients)
- Leading their case plans!
- House meetings & 1:1's to allow choices in programming, menus, activities (recreation & leisure)
- Experience from many backgrounds: one person cannot speak for all
- Inclusion of Survivor Advocate in sensitive issues
 - Sensitive matters
 - Food issue
- Healing process: group, choosing material, survivor led or available during or after to process



Slide 9

Compensation


- We must not exploit survivors for their story
 - Allow survivors to choose to tell story
 - Takes time to own your story
 - Good communication relationship, honesty and transparency; not obligation
- Our pay scale allows for additional compensation in the survivor advocate role
- Scheduling to ensure survivors are available to clients
- Business cards, offices, phone



Slide 10

Safety and Wellbeing


- Survivor Advocate can have a deeper level of trauma-informed perspective
- Staff are in all levels of understanding about trauma-informed care—survivor staff can bridge the gaps and assist others with the learning process
- Trauma-informed lens should incorporate ALL aspects of the program including: interaction, environment, forms, curriculum, etc.
- The Survivor Advocate’s safety & wellbeing



Slide 11

System Change is a Process

- Assess the status quo
- Make change
- Measure the change



Slide 12

Connect With Us

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EXECUTIVE DIRECTOR

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