

## MENTAL HEALTH CRISIS LINES

**Anoka County**  
763-755-3801

**National Suicide and  
Crisis Lifeline**  
988

**Carver County**  
952-442-7601

**Ramsey County, Adults**  
651-266-7900

**Dakota County**  
952-891-7171

**Ramsey County, Minors**  
651-266-7878

**Cope (Hennepin County,  
Adults)**  
612-596-1223

**Scott County**  
952-818-3702

**Hennepin County, Minors**  
612-348-2233

**Washington County**  
651-275-7400

## MENTAL HEALTH RESOURCES FOR YOUTH (NON-CRISIS)

**Canvas Health**  
651-777-5222

**MoveFwd**  
952-988-8336

**Face2Face**  
651-772-5555

**Walk-In Counseling**  
612-870-0565



Text for Help  
Txt 612-400-SAFE  
Help is available 24/7

## ABOUT US

StreetWorks is a collaborative of youth-serving agencies who work with youth ages 13-24. StreetWorks Outreach Workers (OWs) are on the streets, in schools, and in your communities. For more information about StreetWorks, visit [www.streetworksmn.org](http://www.streetworksmn.org).



To connect with a StreetWorks OW, visit the Youth Services Network website, [www.YSNmn.org](http://www.YSNmn.org), and click on Outreach Workers.



## RESOURCES FOR QUEER AND TRANS YOUTH

**Family Tree Clinic**  
651-645-0478  
[familytreeclinic.org](http://familytreeclinic.org)

**Out for Equity - St. Paul  
Public Schools**  
651-603-4972  
[spps.org/outforequity](http://spps.org/outforequity)

**RECLAIM**  
612-235-6743  
[reclaim.care](http://reclaim.care)

**Out 4 Good - Minneapolis  
Public Schools**  
612-668-0191  
[engagement.mpls.k12.mn.us/out4good](http://engagement.mpls.k12.mn.us/out4good)

**MN Transgender  
Health Coalition**  
612-823-1152  
[mntranshealth.org](http://mntranshealth.org)

*National Hotlines:*  
**Trans Lifeline**  
A hotline staffed by transgender people for transgender people  
877-565-8860  
[www.translifeline.org](http://www.translifeline.org)

**OutFront Minnesota**  
612-822-0127 or  
800-800-0350, opt. 3  
[outfront.org](http://outfront.org)

**Center for Sexual Health  
(University of Minnesota)**  
612-625-1500  
[umphysicians.org/  
Care-Locations-  
And-Partnerships/  
Center-for-Sexual-Health](http://umphysicians.org/Care-Locations-And-Partnerships-Center-for-Sexual-Health)

**The Trevor Project**  
Crisis line and counseling for LGBTQ youth  
866-488-7386;  
Text "Trevor" to  
202-304-1200

## SAFE HARBOR

Youth who are managing unstable housing are sometimes in situations where they're asked/pressured to trade sexual acts for things of value. If you are 24 or under and have been asked/pressured to trade sexual acts for food, clothes, money, shelter or anything else, these Safe Harbor Navigators can help you get connected to services:

**East Metro  
180 Degrees**  
612-813-5030

**West Metro  
The Link**  
612-232-5428

To find services statewide, call the Day One Hotline at 1-866-223-1111, txt 612-399-9995, or [visit \*dayoneservices.org/shelters-support\*](http://visit.dayoneservices.org/shelters-support)



**WALKING ALONGSIDE YOUNG PEOPLE**  
*Acknowledging and Honoring their  
Individual Journeys*

### HOW CAN STREETWORKS HELP?

- Hygiene supplies
- Naloxone training and distribution
- Food and clothing
- Advocacy and counseling
- Drop-in centers
- Emergency shelter
- Housing
- BIPOC specific services
- Support for queer and trans youth
- Harm reduction services/supplies
- Education and job programs
- Chemical and mental health services
- Medical and dental services

[www.streetworksmn.org](http://www.streetworksmn.org)  
Updated March 2023

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## FOOD SHELVES

*Some food shelves have changed their hours or services due to COVID-19. Visit [YSNMN.org](http://YSNMN.org) for a complete and updated list of youth food shelves.*

**Hope4Youth Food Shelf**  
Anoka  
763-323-2066

**Valley Outreach**  
Stillwater  
651-430-2739

**ICA Youth Food Shelf**  
Minnetonka  
952-279-0284

**YMCA NE Food Shelf**  
Minneapolis  
763-493-3052

**No Hassle Youth Food Shelf**  
Brooklyn Center  
763-493-3052

**YMCA Youth Resource Line**  
763-493-3052

**Prism Youth Food Shelf**  
Golden Valley  
763-493-3052

*YMCA case managers can also assist with housing assessments.*

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## YOUTH EMPLOYMENT/ PAID INTERNSHIPS

**Full Cycle Bike Shop**  
612-824-7581

**Avivo Youth Futures Program**  
763-321-6020 (call/text)

**YWCA Youth Employment Programs**  
651-243-0555

**Wildflyer Coffee**  
612-236-4978

**ULEAD**  
651-266-6052

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## DROP-IN CENTERS

Some drop-ins have changed their hours or services due to COVID-19. Visit YSN for the most up-to-date information.

**Hope4Youth**  
*Ages 16-24*  
2665 N 4th Ave #40  
Anoka  
763-323-2066

**The Link C.O.R.E.**  
*Ages 16-24*  
7800 Co Rd 42  
Apple Valley  
612-205-7944

**Launch Ministry**  
*Ages 18-29*  
110 W 2nd St  
Chaska  
952-856-0195

**YouthLink**  
*Ages 16-24*  
41 N 12th Street  
Minneapolis  
612-252-1200

**MoveFwd**  
*Ages 12-24*  
1001 Hwy 7, Room 235  
Hopkins  
952-988-8336

**The Connect Center Youth Connections Drop-In Center**  
*Ages 13-24*

### Two locations:

Stillwater  
609 5th Street South  
Stillwater

Cottage Grove  
8100 Belden Blvd  
Cottage Grove

**SafeZone**  
*Ages 14-24*  
130 E 7th Street  
St. Paul  
651-224-9644

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## SEXUAL HEALTH SERVICES

**Annex Teen Clinic**  
Robbinsdale  
763-533-1316

**Rainbow Health**  
St. Paul  
612-373-9160

**Face2Face**  
St. Paul  
651-772-5555

**Red Door Clinic**  
COVID-19 info:  
[reddoorclinic.org](http://reddoorclinic.org)  
Minneapolis  
612-543-5555

**Family Tree Clinic**  
Minneapolis  
612-473-0800

**The Aliveness Project**  
Minneapolis  
612-824-LIFE (5433)

**Hope Clinic**  
Anoka  
763-323-2066

**Youth and AIDS Project**  
Minneapolis  
651-231-4849

**MCRC Nurses and Clinic**  
St. Paul  
651-220-6750

**myHealth**  
Hopkins, Chaska  
952-474-3251

**Northside Teen Clinic**  
Minneapolis  
612-643-2001

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## EMERGENCY SHELTER

**Ain Dah Yung Center**  
St. Paul  
Ages 5-17  
651-227-4184

**The Bridge for Youth**  
Minneapolis  
612-377-8800  
Two programs:

**Booth Brown House**  
St. Paul  
Ages 18-21  
651-444-5757

**Resilience House**  
Ages 10-17

**Brittany's Place**  
St. Paul  
Females, ages 10-17  
651-287-4801

**Gloria's Place**  
Parenting Youth 15-17  
and their children 0-3

**Safe House**  
St. Paul  
Ages 16-20  
651-444-5757

**Hope Street**  
South Minneapolis  
Ages 18-24  
612-204-8448

**Avenues**  
North Minneapolis  
Ages 16-20  
612-522-1690

**Dignity House**  
Crystal  
Ages 10-17  
763-703-3434

**Avenues**  
Brooklyn Park  
Ages 16-20  
763-450-4276

**Hope House**  
Chanhassen  
Ages 14-19  
612-900-2077

**Passageways**  
Ages 13-17  
612-232-5428

**Stepping Stone**  
Anoka  
Ages 18+  
763-323-7006

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## NOTES