

RESOURCES FOR PEOPLE USING ALONE

Never Use Alone | 1-877-696-1996
NeverUseAlone.com

If you have no choice but to use alone, call us! An operator will stay on the line with you while you consume your substance, then hang up once you are safe from risk of overdose.

The Brave App | www.brave.coop | Brave is a free, anonymous phone app that connects you to a Brave Supporter if you have to use alone. If you become unresponsive, the Supporter will follow a rescue plan you set (such as call my roommate, call 911, or call my roommate and 911).

ADDITIONAL RESOURCES FOR SAFER USE

Steve Rummler Hope Network | (952) 943-3937
steverummlerhopenetwork.org
Free Naloxone, Fentanyl Test Strips and Community Education

The Aliveness Project | (612) 824-5433
3808 Nicollet Ave, Minneapolis | aliveness.org
Syringe Exchange, Naloxone, PRoP & PeP, services for people living with HIV/AIDS

SYRINGE SERVICE PROGRAMS

Clinic 555 Syringe Exchange
555 Cedar Street Saint Paul, MN 55101
(651) 266-1295

Indigenous Peoples Task Force
1335 East 23rd Street Minneapolis, MN 55404
(612) 870-1723

NorthPoint – In ‘n’ Out
710 West Broadway Minneapolis, MN 55411
612-223-3682

Mainline SSP / Rainbow Health
3100 Park Avenue Minneapolis, MN 55407
651-359-3459

Red Door Services – Hennepin County Public Health Services Building
525 Portland Avenue (4th Floor)
Minneapolis, MN 55415
(612) 543-5555, press 3

Southside Harm Reduction Services
Mobile Services in South Minneapolis
(612) 615-9725 | southsideharmreduction.org

Native American Community Clinic (NACC)
1213 Franklin Ave South Minneapolis, MN 55404
(612) 872-8086

A full list of SSPs is on our website.

ABOUT US

A program of Lutheran Social Service, StreetWorks is a collaborative of youth serving agencies that work with youth ages 13-24. StreetWorks outreach workers work on the streets, in schools and in your communities. For additional information on StreetWorks, visit our website www.streetworksmn.org or send us an email at Street.Works@LSSMN.org.



For a list of today's Outreach Workers, where to find them, and their contact info, visit www.yssmn.org and click on the Outreach Worker tab.



Text for Help
Txt 612-400-SAFE
Help is available 24/7



NOTES

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The views expressed in this publication do not necessarily reflect the official policies of SAMHSA or the Minnesota Department of Human Services; nor mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government or the state of Minnesota.



WALKING ALONGSIDE YOUNG PEOPLE
Acknowledging and Honoring their Individual Journeys

DRUG USE SAFETY PLAN

UPDATED DECEMBER 2023

StreetWorksMN.org/OOPR

STREETWORKS OPIOID SAFETY INFORMATION

Log onto our website for more resources and information on opioid safety, including videos on how to use Narcan/naloxone, syringe service program information and safer use resources.

www.streetworksmn.com/oopr



SAFER USE TIPS

- Test your substances. If you can't test prior to consumption, proceed as though your substance could contain fentanyl.
- Start Low and Go Slow: Use a smaller amount of a new batch/substance until you know your tolerance. Consider smoking instead of injecting so you can gauge your response better.
- Avoid mixing substances as it increases your risk of an overdose or overconsumption. If you need to mix, be cautious and use a smaller amount.
- Always carry naloxone/Narcan.
- Don't use alone. If you are using alone, don't lock the door.

KNOW YOUR RIGHTS

Steve's Law: A person overdosing and one person who stays and calls 911 for help are granted limited immunity from prosecution for using or possessing drugs (up to 3 grams). They are not protected from outstanding warrants or other illegal behaviors, and it doesn't apply to other bystanders.

Good Samaritan Law: Grants legal protection to people who provide help if they think someone is in distress or incapacitated, including use of naloxone. They do not need consent from the person who is incapacitated to provide help, or to give identifying information to emergency responders.

Paraphernalia: Possession and distribution of drug paraphernalia such as bongs, pipes, foil, syringes, and needles is legal in Minnesota. Additionally, any drug residue within these items is decriminalized. All testing supplies—like fentanyl or xylazine test strips—are legalized.

SIGNS OF AN OPIOID OVERDOSE

- Not responsive
 - Does not respond to loud noises, tapping, or asking "Do you need Narcan?"
 - Does not respond to sternum rub (rubbing knuckles on their breastbone)
- Slowed breathing, abnormal breathing, or not breathing
- Gaspings, gurgling, and snoring are not normal breathing
- Blue or ashy lips/fingertips
- Vomiting
- Pinpoint pupils



HOW TO RESPOND TO AN OVERDOSE

- Check for signs of an overdose, check if the person is breathing
- Call 911 and say "someone is not responsive and not breathing"
- Administer naloxone/Narcan
- Start rescue breathing for 2 minutes
- Administer second dose of naloxone/Narcan if there is no change in the person's condition
- Continue this cycle and stay with the person until they begin breathing normally or help arrives